

METHODS OF OVERCOMING SPEECH DISORDERS IN CHILDREN (STUDY OF THE EXPERIENCE OF PROPHET MOSES IN THE QURAN)

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Abstract

The Qur'an gives instructions to everyone, including various goals. In Islam, al-Quran as a holy book that has medicinal powers (Shifa), especially in everyone who reads and listens to it with confidence. This paper aims to explore and analyze children who have difficulty speaking. Qualitative methods were used in subjects of several children aged 3 to 6 years, data were collected through interviews, observation and documentation of the author's intersubjectivity. Furthermore, interactive model techniques are carried out, namely data collection, data reduction, data presentation and conclusions. The findings explain that speech difficulties have actually been practiced since the time of Prophet Moses who asserted that when Prophet Moses asked Allah for prayers against him, this practice in the Qur'an illustrates that, in practice with methods and beliefs in the Quran has a good influence in overcoming speech difficulties in children.

Keywords: Method; Speech Disorders, Prayers of Prophet Moses and the Quran

Abstrak

Al-Qur'an memberikan petunjuk kepada semua orang, termasuk berbagai tujuan. Dalam Islam, Al-Quran sebagai kitab suci yang mempunyai khasiat sebagai obat (Syifa), terutama pada setiap orang yang membaca dan mendengarkannya dengan penuh keyakinan. Tulisan ini bertujuan untuk mengeksplorasi dan menganalisis anak-anak yang mengalami kesulitan berbicara. Metode kualitatif digunakan pada subjek beberapa anak usia 3 sampai 6 tahun, data dikumpulkan melalui wawancara, observasi dan dokumentasi intersubjektivitas penulis. Selanjutnya dilakukan teknik model interaktif yaitu pengumpulan data, reduksi data, penyajian data dan penarikan kesimpulan. Temuan tersebut menjelaskan bahwa kesulitan berbicara sebenarnya telah dipraktikkan sejak zaman Nabi Musa yang menegaskan bahwa ketika Nabi Musa memohon doa kepada Allah untuk melawannya, praktik dalam Al-Qur'an ini menggambarkan bahwa, dalam praktik dengan metode dan keyakinan dalam Al-Qur'an memiliki pengaruh yang besar. pengaruh yang baik dalam mengatasi kesulitan bicara pada anak.

Kata Kunci: Metode; Gangguan Bicara, Doa Nabi Musa dan Al Quran



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INTRODUCTION

Islam affirms that the Qur'an is not only sacred to us but also as a guide for human beings, the virtues of the Qur'an have an effect that can be felt directly by humans. The Quran itself explains a lot about history, politics, social and health-related.¹ Humans need to study the Qur'an not only on the spiritual aspects of saaj but also those related to aspects of medical science. A I-Quran affirms to man the word of Allah Almighty in Q.S A sy-Syura: 52 "Then We sent down to you, O Prophet, a revelation by Our command. You didn't know this Book and faith before. But We make it the light by which We instruct whomever We will of Our servants. And you actually lead to the Straight Path.

As a Muslim, I believe that Allah will always help his servant to get out of the problem of life that everything happens with the permission of Allah, including in the case of healers. Al-Quran is made *shifa* (medicine) for man, in Q.S Yunus "O mankind! Verily there has come to you a warning from your Lord, a cure for that which is in the heart, a instruction, and a mercy for the believers". The Prophet also taught, narrated by Abu Hurayrah: The Prophet (صلى الله عليه وسلم) said, "No disease was created by Allah, but He also created the treatment". This shows that proper treatment is one way to cure a disease. Now various types of drugs and supplements have spread on the market, ranging from herbs to chemicals. Unfortunately, many drugs and supplements are mixed in such a way with harmful ingredients. Therefore, it is important for consumers to pay attention to the ingredients in the drug.²

Speech and language disorders are a major challenge in children, which are often the main cause of developmental problems. The disorder includes a range of conditions that affect an individual's ability to communicate effectively, hindering social interaction, academic progress, and overall quality of life. In childhood, speech and language disorders are common and can manifest in many forms. This includes difficulty articulating sounds, understanding language, forming sentences, or expressing thoughts coherently. Challenges such as these hinder the natural progression of communication skills expected in children in their age group.³

One of the main types of speech disorders encountered is known as speech sound disorder, where the child has difficulty producing certain sounds or articulating words clearly. This can include difficulties such as stuttering, lisping, or mispronunciation, which impact the

¹ Muhammad Remy Othman et al., "Perubatan Islam: Analisis Perkembangan, Kesan, Dan Permeriksaan Di Malaysia: Islamic Medicine: The Analysis on The Evolution, Impact and Empowerment in Malaysia," *Abqari Journal* 28, no. 1 (April 29, 2023), <https://doi.org/10.33102/abqari.vol28no1.407>.

² Kasim Ramli and Sofia Hayati Yusoff, "Perubatan Nabi: Kefahaman Terhadap Sunnah Dan Praktis Perawat," *Abqari Journal* 17, no. 1 (February 28, 2019), <https://doi.org/10.33102/abqari.vol17no1.89>.

³ Lawrence D. Shriberg, Joan Kwiatkowski, and Heather L. Mabie, "Estimates of the Prevalence of Motor Speech Disorders in Children with Idiopathic Speech Delay," *Clinical Linguistics & Phonetics* 33, no. 8 (August 3, 2019), <https://doi.org/10.1080/02699206.2019.1595731>.

clarity of their speech. It also includes challenges in understanding and using words, sentences, and grammar correctly. Expressive speech disorder limits a child's ability to convey thoughts and ideas fluently, whereas receptive language disorder hinders their understanding of spoken or written language. Serious efforts are needed if they do not have an impact on the social and academic life of children. Children may have difficulty communicating with their peers, leading to social isolation and a lack of self-confidence. In school, difficulties in language and speech can result in learning challenges, thus affecting their ability to understand instructions or express themselves effectively.⁴

Early identification and intervention play an important role in mitigating the impact of speech and language disorders. Speech therapists, educators, and health professionals play an important role in diagnosing these issues and developing tailored intervention strategies. These interventions often involve specific therapies aimed at improving speech articulation, language comprehension, and communication skills. In addition, raising awareness among parents, educators, and caregivers is crucial. Recognizing signs of speech and language disorders, such as speech delays, limited vocabulary, or difficulty in understanding instructions, requires timely intervention and support.

It is important to understand that speech and language disorders do not reflect a lack of intelligence or willingness to communicate. Rather, it is a neurological or developmental condition that requires patience, understanding, and special support. Speech and language development challenges in children. Early identification, intervention, and support are essential in addressing these issues and helping children develop effective communication skills. By raising awareness and providing the right resources, we can empower children with speech and language disorders to overcome barriers, thrive in social settings, and achieve academic success.

Infrequent communication, can affect a family member's sense of belonging and social connectedness. When conversation is infrequent or limited, individuals in the family may feel isolated or disconnected from others. This can reduce their motivation to engage socially in the family unit, thus causing the child to withdraw from active participation in discussions, activities, or sharing experiences. The impact of the limited frequency of family communication not only has a direct impact on children and families in it, it also has a major impact on children's welfare and family dynamics. Reduced communication between family members impacts children, leading to feelings of loneliness, isolation, and lack of support, potentially affecting children's mental health and emotional stability.

⁴ Seyed Abolfazl Tohidast et al., "Provision of Speech-Language Pathology Services for the Treatment of Speech and Language Disorders in Children during the COVID-19 Pandemic: Problems, Concerns, and Solutions," *International Journal of Pediatric Otorhinolaryngology* 138 (November 2020), <https://doi.org/10.1016/j.ijporl.2020.110262>.

Since long ago it has been practiced by prophets and apostles to overcome speech and language disorders, this also inspired various efforts made both in the form of treatment and therapy, treatment through the Quran is widely practiced in overcoming, stress, anxiety and even to improve academic and spiritual emotional intelligence, this previous study confirms that the Qur'an provides a good effect and becomes a remedy for what humans experience. In addition, medical efforts are also needed outside the spiritual dimension. So it is interesting to explore more deeply, this paper describes the influence that has an impact on speech and language difficulties, especially in children with the experience of the Prophet Moses accompanied by correct methods and practices.

RESEARCH METHODS

This research is qualitative with a descriptive approach, namely an approach that emphasizes more on profit and information collection by studying in depth the object under study. Qualitative research generates and analyzes data obtained through interviews, transcriptions, field notes and images. This research is designed *crosssectionally* to be carried out in certain places carried out in September and October 2023 in Medan City. Subjek involved in this study were 5 children who experienced speech delays ranging in age from 3 to 6 years boys. Data were collected by means of interviews with the closest people, namely foundation chairmen, teachers, and parents and intersubjectivity analysis on field notes and observations. Furthermore, the data is carried out reduction tests, verification and narration as a whole to draw conclusions.

RESULTS AND DISCUSSION

Speech development plays an important role in a child's social and emotional growth. For children with speech delays, the journey to effective communication can be challenging. The delay not only affects their ability to express themselves but also impacts their interactions with peers. The impact of speech delays can significantly affect a child's confidence, sense of acceptance, and willingness to engage in a variety of activities, ultimately determining their future development. Children with speech delays often have difficulty communicating effectively, causing them to feel misunderstood or isolated among their peers. In social settings such as school or playgrounds, these children may find it difficult to engage in conversation or participate in group activities because of their difficulty in articulating thoughts or expressing feelings. As a

result, they may perceive themselves as different or less accepted by their peers, thus fostering a sense of exclusion and potentially damaging their self-esteem.⁵

Lack of acceptance or understanding from peers can have a significant impact on a child's self-confidence. When children are repeatedly faced with an inability to express themselves adequately or get impatience or misunderstanding from others, their confidence can take a hit. Over time, they may internalize feelings of inadequacy, leading to decreased self-esteem and reluctance to engage in social interactions or activities that require communication. What's more, the fear of being judged or ridiculed for speech delays can make children hesitant to participate in a variety of situations. They may avoid speaking in class, participating in group discussions, or taking part in extracurricular activities, for fear of negative reactions from others. This reluctance stems from anxiety about not being able to communicate effectively or being perceived as different from their peers, further limiting their social experience and opportunities for growth.

Speech delays in children not only affect their ability to communicate but also have major consequences for their social beliefs and future development. Feelings of not being accepted by peers, reduced self-confidence, and reluctant to get involved for fear can hinder children's growth and development and potential. However, with early intervention, support and understanding, these challenges can be overcome, so children can develop their communication skills and confidence, ultimately shaping a brighter future for themselves.⁶ When a person hears, the air vibration enters the outer ear canal until it reaches the tympanic membrane and is passed to the inner ear so that the sound waves reach sensory receptors to be forwarded to the brain. After being processed in the brain, the answers are then formulated in the form of articulation which is passed to the motor to perform speech movements.

Communication skills are essential in many aspects of life, including academic success, making connections, and pursuing career opportunities. If a child has speech delays and lacks adequate support or intervention, this can hinder his educational progress, limit his social interactions, and hinder his overall development. Fortunately, early intervention and support systems can significantly reduce the impact of speech delays on child development. Speech therapy, a supportive environment at home and school, and fostering understanding and acceptance among peers can provide great benefits for children facing speech challenges. By providing the right tools and strategies, children can build communication skills, increase

⁵ Bella Amanda Maharani and Zainal Abidin, "Studi Eksploratif tentang Faktor-faktor Penyebab Keterlambatan Bicara pada Anak Usia Pra Sekolah," *Psyche: Jurnal Psikologi* 4, no. 1 (February 3, 2022), <https://doi.org/10.36269/psyche.v4i1.441>.

⁶ Debora Maria Befi-Lopes et al., "School-Age Children with Specific Language Impairment Produce More Speech Disfluencies than Their Peers," *CoDAS* 26, no. 6 (December 2014), <https://doi.org/10.1590/2317-1782/20142014095>.

confidence, and feel more accepted among their peers, thus paving the way for their holistic development.

Furthermore, the process of speech is produced by vibrations of the vocal cords assisted by airflow from the lungs, while sound is formed by movements of the lips, tongue, and roof of the mouth. Extrinsic factors are mainly caused by family and environment. The family is the first school for children, so it determines the future development of children. Problems that may occur from family factors are maternal vocabulary, socioeconomic status, frequency of communication in the family, family history and language used by the family.⁷ Communication on family dynamics, affects various aspects of growth, development, and social interaction of individuals. The frequency of communication within a family unit plays an important role in shaping the level of attention and social motivation among its members. Less or infrequent communication can lead to reduced attention and reduced social motivation, thus impacting overall family dynamics.

Communication within the family fosters a sense of connectedness, understanding, and support among family members. Open and regular dialogue allows family members to express their thoughts, emotions, and concerns, thus creating an environment conducive to fostering relationships and strengthening bonds. When communication is infrequent or irregular, this can result in family members feeling disconnected or neglected, leading to a lack of attention to each other. A family environment characterized by inadvertently communication leads to reduced attention to the child. Communication relationships are closed or rarely used, especially in children are not involved in each other's lives. This lack of interaction can result in children lacking attention which has an impact on awareness of children's needs, interests, or struggles, thus causing a reduction in what children need to grow and develop, especially to deal with aspects of speech and language disorders problems.

Communication Patterns of Parents and Children

Overcoming communication gaps in the family can lead to positive results. Encouraging open dialogue, active listening, and creating regular communication opportunities can help bridge this gap. Family activities, meals together, and special times for conversation can foster stronger relationships and increase attention and social motivation among family members.⁸ Communication serves as the lifeblood of relationships, particularly in family structures, whose frequency greatly influences the dynamics among its members. The frequency of communication

⁷ Patricia Eadie et al., "Speech Sound Disorder at 4 Years: Prevalence, Comorbidities, and Predictors in a Community Cohort of Children," *Developmental Medicine & Child Neurology* 57, no. 6 (June 2015), <https://doi.org/10.1111/dmcn.12635>.

⁸ May M. Agius and Margaret Vance, "A Comparison of PECS and iPad to Teach Requesting to Pre-Schoolers with Autistic Spectrum Disorders," *Augmentative and Alternative Communication* 32, no. 1 (January 2, 2016), <https://doi.org/10.3109/07434618.2015.1108363>.

within a family unit is closely related to the level of attention and social motivation experienced by its members. If communication is infrequent, it can adversely affect social attention and motivation, leading to a sense of disconnect among family members.

Communication acts as a channel to maintain attention among family members. Regular conversations create opportunities for individuals to actively engage with each other, sharing thoughts, experiences, and emotions. This consistent interaction fosters a sense of closeness and understanding within the family. Conversely, infrequent communication patterns result in less active engagement, potentially leading to reduced attention to each other's needs, interests, and emotional well-being. The frequency of communication significantly affects the social motivation that the child shows. Regular communication encourages participation, collaboration, and sharing of experiences among family members. This motivates the child to actively involve themselves in family discussions, activities, and events. However, when communication occurs sporadically or deficiently, the motivation to engage socially will decrease, thus leading to reduced shared experiences and a sense of disinterest or separation of children and parents.⁹

Rare communication patterns will cause a sense of disconnect between children and parents. When conversations are infrequent or limited, children feel isolated or disconnected from each other. This sense of disconnect can manifest as a lack of emotional support, reduced empathy, and a weakened sense of belonging within the family. As a result, the child withdraws from active participation in family affairs, thereby contributing to the fragmentation of family dynamics. Inadequate communication within a family is more than direct attention and social motivation; it can greatly impact the well-being and relationships among family members as a whole. Reduced attention and reduced social motivation can lead to feelings of neglect, misunderstanding, and alienation. Such negative emotions can erode the foundations of trust and intimacy of children and parents, thus affecting mental and emotional health.¹⁰

Methods of Improving Children's Communication in Q.S Taha and Ar-Rahman

The Qur'an as a source of divine guidance and wisdom, holds valuable teachings that can benefit various aspects of life, including the growth and development of children with speech delays. In particular, certain verses in the Quran, in Q.S Taha: 25-28, offer insights and potential therapeutic approaches to stimulate language and communication skills in children facing speech delays. Inviting stories, especially for teachers, speaking routines are carried out through storytelling activities in class. Every child gets the opportunity to speak but preferably for children

⁹ Ahmad Zain Sarnoto, "Komunikasi Efektif Pada 'Anak Usia Dini Dalam Keluarga Menurut Al-Qur'an," *Jurnal Obsesi: Jurnal Pendidikan Anak Usia Dini* 6, no. 3 (January 16, 2022), <https://doi.org/10.31004/obsesi.v6i3.1829>.

¹⁰ R. Fabiani, M. Roro, and H. Krisni, "Self-Confidence of a Child from an Early Age," *Research and Community Service*, 2020.

who have speech delays.¹¹ This method is applied in the form of word conjunctions, deaf children are specifically given special guidance such as word pronunciation exercises. In this guidance, every day children get practice saying words and sentences according to the level of children's communication skills through the method of telling stories with the teacher. Between the mind and the nervous system, the endocrine and immune systems have a reciprocal relationship both anatomically and biochemically.¹²

Surah Taha: 25-28 presents the story of Prophet Moses and his encounter with Allah. This narrative can be interpreted and applied in therapeutic approaches aimed at improving communication in children with speech delays. The verses emphasize how Moses expressed his concerns and fears about his ability to communicate effectively while delivering God's message. When God answered, He not only acknowledged Moses' difficulty in speaking but also provided assurance and guidance, emphasizing that He would support Moses and give him the tools and help necessary to overcome his speaking difficulties.

The application of communication strategies to child acceptance, The application of communication strategies in children speech delay is expected to stimulate children's speech skills and help children in communicating. This is reinforced by the results of interviews, "the application of word games and storytelling in class encourages students to speak so that children are indirectly trained". It further revealed that: "through the implementation of strategies in schools students who used to have difficulty speaking are now slowly starting to be able to speak despite stuttering."¹³

Based on this narrative, caregivers and therapists who treat children with speech delays may adopt a similar approach. They can create a supportive and understanding environment that acknowledges a child's communication difficulties without judgment. This involves developing self-confidence, patience, and drive while providing tools and strategies tailored to the child's needs. The story of Moses also signifies the importance of divine help and guidance. For children who experience speech delays, including reading or listening to Surat Taha:25-28 in therapeutic practice can be a source of comfort and inspiration. Harnessing the rhythmic and melodious nature of Qur'anic verses in speech therapy sessions can captivate a child's attention, aiding speech and language development.

Furthermore, the narrative emphasizes on the concept of seeking help and support when faced with challenges. Caregivers, therapists, and parents can take inspiration from this and collaborate with speech therapists, educators, and specialists to design comprehensive, customized

¹¹ Interview, 2023

¹² Ni Made Yuniari and I. Gusti Ayu Indah Triana Juliari, "Strategi Terapis Wicara Yang Dapat Diterapkan Oleh Orang Tua Penderita Keterlambatan Berbicara (Speech Delay)," *Jurnal Ilmiah Pendidikan Dan Pembelajaran* 4, no. 3 (October 9, 2020), <https://doi.org/10.23887/jipp.v4i3.29190>.

¹³ Interview, 2023

intervention plans for children with speech delays. Applying a variety of techniques, including visual aids, game-based activities, and repetition exercises, that align with verses Al-Quran, can contribute to improving communication skills in children.¹⁴ It is important to note that although verses of a l-Quran can serve as a source of inspiration and guidance, therapeutic interventions for speech delay should be comprehensive and evidence-based. The incorporation of the teachings of the Qur'an should complement existing therapeutic approaches and not serve as a stand-alone treatment.

The affirmations in Q.S Surat Taha: 25-28 of the Quran offer valuable insights and lessons that can be applied in therapies aimed at improving communication skills in children with speech delays. Moses' narration highlights the importance of providing a supportive environment, seeking guidance, and utilizing divine inspiration in helping children face speaking challenges. Integrating these teachings into therapeutic practice could potentially contribute to improving the communication skills of children with speech delays, thereby fostering their holistic development. Allah Almighty said in al-Q uran, Allah commanded Moses to go to Pharaoh to deliver a treatise Allah said, Go to Pharaoh! Verily he has transgressed).

اَذْهَبْ إِلَىٰ فِرْعَوْنَ إِنَّهُ طَغَىٰ

It means, "Go to Pharaoh king of Egypt, from whom you left Egypt to flee, and invite him to serve Allah alone, who has no allies". Instruct him to treat the Children of Israel well and not to torture them. For verily he has transcended, oppressed, preferred worldly life and forgotten the Most High God".

One important observation of the study was the synchronization between communication strategies used by parents and teachers. Both groups showed a tendency to use similar techniques, thus emphasizing the importance of this approach in aiding children's communication skills. The utilization of slow speech and clear articulation emerged as basic techniques adopted by parents and teachers. This deliberate choice allows children to better understand and understand spoken language, allowing them to understand vocabulary and language structure more effectively.

Recognizing the importance of communication and actively striving to develop a culture of open and regular dialogue can be a harmonious relationship between children and parents in a positive way. Connecting children and parents encourages active listening, provides dedicated time for conversation, and engaging in activities together can bridge communication gaps and strengthen bonds. F the frequency of communication must always be carried out, this will have a

¹⁴ Taseman Taseman et al., "Strategi Guru Dalam Menangani Gangguan Keterlambatan Berbicara (Speech Delay) Yang Berpengaruh Terhadap Interaksi Sosial Anak Usia Dini Di TK Negeri Pembina Surabaya," *JECED: Journal of Early Childhood Education and Development* 2, no. 1 (June 15, 2020), <https://doi.org/10.15642/jeced.v2i1.519>.

significant effect on the level of attention and social motivation of children and parents. Good communication patterns result in mutual attention, mutual social motivation, and a sense of intimacy in the family. His other important pattern of communication and actively seeking to encourage open and orderly dialogue is an important step toward developing a more connected, supportive, and harmonious family environment.¹⁵

A consistent drive to communicate is another striking similarity. Both parents and teachers recognize the importance of actively engaging children to engage in conversation on a regular basis. This approach not only fosters an environment conducive to verbal interaction but also instills confidence in the child to express themselves more freely. Correcting pronunciation errors is a joint strategy carried out by parents and teachers. Corrective feedback plays an important role in perfecting a child's speech patterns and language proficiency. By addressing pronunciation errors in a supportive way, children are guided towards clearer and more accurate articulation.

Alignment of communication methods used reflects the common goal of fostering effective communication skills in children. The collective use of slow speech, clear articulation, consistent encouragement, error correction, and integration of hand gestures signify a concerted effort in supporting children with communication difficulties. This collaboration between parents and teachers not only improves children's linguistic abilities but also underscores the importance of a harmonious approach in shaping children's communicative competence.¹⁶

The results showed that a 1-Quran can stimulate the communication skills of speech-impaired children to speak and act actively. Thus, Q.S ar-Rahman and Q.S taha verses 25-28 are recited to the child. Because there is a relationship of meaning and events that are important to read. The important role of effective communication strategies in encouraging children's language development cannot be overstated. The research uncovered interesting findings that show remarkable similarities in the approaches adopted by parents and teachers when supporting children with communication difficulties. This joint strategy includes the use of slow speech, clear articulation, consistent communication encouragement, correcting pronunciation errors, and incorporating hand gestures as a form of symbolization.¹⁷

In addition, the use of hand signals as a means of symbolization seems to be a common technique embraced by both parties. Incorporating cues helps strengthen verbal communication, improves comprehension, and provides visual cues that complement linguistic expression. The convergence of communication strategies between parents and teachers underscores the

¹⁵ Interview, 2023

¹⁶ Interview, 2023

¹⁷ Astuti Anjarwati, "Strategi Guru dalam Mengatasi Kesulitan Membaca Alquran pada Autis SLB Autis Jalinan Hati Payakumbuh," *Widya Wacana: Jurnal Ilmiah* 15, no. 1 (February 29, 2020), <https://doi.org/10.33061/j.w.wacana.v15i1.3500>.

importance of collaborative approaches in supporting children's communication development. The report highlights the importance of consistency and coherence in implementing these strategies across different environments, such as homes and schools, to strengthen language learning and acquisition. In addition, the similarity of the methods used by parents and teachers emphasizes the importance of the role of both in the development of children's communication. This synergy presents an opportunity to increase collaboration and exchange of insights between influential figures in children's lives, which ultimately benefits children's overall linguistic growth.¹⁸

The Experience of Overcoming Speech Through the Prophet Moses

An important experience and lesson from prayer is to go beyond the historical context of the story of Prophet Moses,¹⁹ it serves as a lasting lesson for individuals facing challenges in their lives. It encourages believers to cultivate a strong relationship with God and man, seeking His guidance and help in every endeavor. In times of difficulty or when faced with tough tasks, invoking the same spirit as Moses can bring comfort and strength. He teaches the importance of inner preparedness, seeking clarity of purpose, and entrusting one's affairs to God's divine wisdom.²⁰

قَالَ رَبِّ اشْرَحْ لِي صَدْرِي - وَيَسِّرْ لِي أَمْرِي

In the narration of Prophet Moses in the Qur'an, especially in Surah Taha, there is a deep prayer that summarizes the essence of seeking divine support, resilience, and fortitude in the face of tough tasks and challenges. Moses, a revered figure in the Islamic tradition, appealed to his Lord with a sincere plea: "O my Lord bare to me for me, and lighten my duty for me." This heartfelt petition signifies Moses' acknowledgment of the magnitude and gravity of the mission bestowed upon him by God. Moses' request to puff out his chest symbolized the desire for spiritual strength, courage, and clarity of purpose. It embodies the need for an open heart and mind, free from any anxiety, doubt, or obstacle that may hinder its ability to fulfill its divine duty.

The Prayer of Moses serves as a powerful reminder to people of faith who face challenging or burdensome situations. This underscores the importance of returning to God in times of difficulty, seeking His guidance, and asking Him for the strength and resilience necessary to face life's trials. in the phrase "and lighten my duty for me" confirms Moses' plea to facilitate

¹⁸ Nur Hafni, Fika Lutfiana, and Edy Safitri, "Implementasi Metode Multisensori Untuk Meningkatkan Baca Tulis Alquran Pada Anak Disleksia Dan Autis Di Sekolah Khusus Taruna Alquran Yogyakarta," *At-Thullab: Jurnal Mahasiswa Studi Islam* 2, no. 2 (2020), <https://doi.org/10.20885/tullab.vol2.iss2.art9>.

¹⁹ P. Wahyuningsih, "Doa Nabi Musa Dalam Al-Qur'an (Kajian Tafsir Al Maraghi)," *Al Karima* 5, no. 2 (2021).

²⁰ M. Faisol, "Interpretasi Kisah Nabi Musa Perspektif Naratologi Al-Qur'an," *ISLAMICA: Jurnal Studi Keislaman* 11, no. 2 (March 1, 2017), <https://doi.org/10.15642/islamica.2017.11.2.334-361>.

and lighten the burden associated with his mission. It exemplifies humility and recognition of human limitations while relying on God's help to make the path easier to walk. It conveys a deep understanding that success and ultimate achievement come from God's support and facilitation.

Moses is in harmony with the essence of faith, emphasizing that turning to God in times of need fosters resilience, fortitude, and a deep sense of trust in His divine plan. It reminds believers that through sincere supplication and reliance on God, the most challenging tasks can be endured, and success can be achieved. The sincere prayer of Moses in Surah Taha encapsulates the essence of seeking divine guidance, resilience, and fortitude in the face of formidable challenges. It serves as an eternal reminder for believers to emulate Moses' dependence on God, seek spiritual power, and entrust their affairs to an All-Knowing and Merciful Creator. The timeless lesson of asking God for guidance and ease remains a source of inspiration and solace for those who go through life's trials and tribulations.²¹ This is why Moses said, (O my Lord, please do my chest for me, and make my task easy for me.)

قَالَ رَبِّ اشْرَحْ لِي صَدْرِي - وَيَسِّرْ لِي أَمْرِي

It means: "I cannot carry out this task if You do not help me, help me and support me".

وَاحْلُلْ عُقْدَةً مِّن لِّسَانِي - يَفْقَهُوا قَوْلِي

(And loosen the knot from my tongue, that they may understand my words.) What he meant was the lisp he suffered. This lisp was caused by an incident when he was served dates and hot coal stones and he put the charcoal on his tongue instead of dates. A detailed description of this story will be explained in the following chapters. However, he did not ask God to eliminate all this suffering. Instead, he asked that his stuttering be eliminated so that people would understand what he meant in his speech. He simply asked what it took to get his message across. Had he requested that his illness be eliminated entirely, he would have been cured. However, the Prophets did not ask for more than what was asked. Therefore, the remains of this accident that happened to his tongue remained.

In addition to the treatment of the Quran, of course, it must provide aspects other than the methods taught especially to children to support their growth. The thing that the author recommends and has applied is through the five types of drugs mentioned in the Quran and Hadith. Besides being safe for consumption and beneficial for health, all five are able to cure certain diseases such as Honey gives many properties described in Q.S An-Nahl; 68-69, Dates in nature Hadist Narration of Muslim Rasulullah said "Whoever eats breakfast every morning with seven Ajwa dates, then he will avoid the dangers of poison and witchcraft", Olive Oil in QS An-

²¹ Nida Kholidiyah, *Konflik Nabi Musa Dan Fir'aun Dalam Al-Qur'an: Perspektif Resolusi Konflik*, Tesis (Semarang: Universitas Islam Negeri Walisongo Semarang, 2022).

Nur, 3, Jblack diamond Prophet Messenger of Allah He said, "Indeed, in Habatussauda (Black Cumin) there is a cure for all kinds of diseases, except death". (Bukhori and Muslim) and lastly is Ginger tumbuhan is mentioned in Q.S a - verse 17. Some herbal medicines have benefits that have been practiced in the time of the prophet and previous people who have a good correlation in the medical world.^{22,23}

Success Factors

Stimulating speech in children, especially those who have problems such as speech-impaired children is done by listening to murattal al-Quran or directly we ourselves who recite the Quran in front of children, and everything that can be done positively to stimulate communication of children with speech impairment. Medical treatment is also needed as a serious effort to deal with children who experience speech delays. Communication is the cornerstone of human interaction, serving as an important channel through which information, thoughts, ideas, and emotions are shared between individuals. It covers a wide spectrum of actions and processes that allow the transmission and reception of messages, playing an integral role in everyday life.²⁴

Communication involves not only the mere exchange of words but also an intricate interplay between non-verbal cues, gestures, facial expressions, and the nuanced art of listening. It is a multifaceted process that transcends language, encompassing various forms of expression to convey a message effectively. One of the fundamental aspects of communication is the transmission of information. It involves conveying knowledge, facts, or data from one individual to another. This forms the basis of education, news dissemination, and skill transfer, enabling society to progress and develop through shared learning. Kcommunicates efforts to express thoughts and ideas. It serves as a platform for individuals to articulate their opinions, beliefs, and perspectives, encouraging dialogue and debate. Through conversations, debates, and discussions, people exchange viewpoints, broaden their understanding, and challenge existing ideas, thereby contributing to intellectual growth and societal development.

The role of communication is carried out in conveying emotions and feelings. In addition to the form of words, emotions are expressed through tone of voice, body language, and facial expressions, thus allowing for a deeper understanding of each other's feelings. These emotional connections form the basis of empathy, compassion, and building meaningful relationships.

²² Elba Faradisa and Agus Fakhruddin, "Beberapa Tumbuhan Obat Di Dalam Al-Quran Ditinjau Dari Perspektif Sains," *NUSANTARA* 3, no. 1 (March 31, 2021).

²³ Muhammad Luthfi Bakti Islami, "Hadis-Hadis Tentang Pengobatan Herbal: Studi Takhrij Dan Syarah Hadis Dengan Tinjauan Kesehatan," *Jurnal Penelitian Ilmu Ushuluddin* 2, no. 3 (April 26, 2022), <https://doi.org/10.15575/jpiu.14453>.

²⁴ Lilin Rosyanti et al., "A Systematic Review of the Quranic Spiritual Healing Approach in Schizophrenic Patients," *Health Information: Jurnal Penelitian*, June 27, 2018, <https://doi.org/10.36990/hijp.v10i1.103>.

Effective communication is not solely about delivering information but also about actively listening and understanding. It involves attentive acceptance, interpretation, and response, creating a reciprocal flow of information between individuals. When communication is clear, concise, and empathetic, it fosters trust, mutual respect, and stronger interpersonal relationships. There are barriers to effective communication, ranging from language barriers to cultural differences, distractions, and misinterpretations. These obstacles often hinder accurate message delivery, leading to misunderstandings and conflicts.

This research is in line with research conducted by Wodka, Mathy and Kalb which suggests that increasing the frequency of communication between children and parents will improve children's communication skills, but the communication must be accompanied by the use of clear language. This is because in these media children are more focused because the presentation is more interesting and easier to imitate. In addition, the application of hand signal strategies that help children in communicating is also mentioned in research conducted by Wodka, Mathy and Kalb which revealed that the use of symbols can make it easier for children to understand and imitate, so that when communicating with others, these movements can be easily applied.²⁵ Thus, the impasse in communicating with speech-impaired children can be resolved.

CONCLUSION

Qur'an It has profound meaning and guidance that transcends various aspects of life, including helping children with speech delays in their communication development. As Muslims, our faith teaches that everything happens by the will and permission of Allah. Therefore, when it comes to children who experience speech delays, then understand that seeking guidance and blessings through the Quran has enormous power. For children who experience speech delays, the recitation of melodies and rhythmic flow of Quranic verses serves as a therapeutic tool. The soothing and harmonious sound of a l-Q uran reading can engage their sense of hearing, aid their language comprehension and potentially stimulate their speech development realizing a source of healing, comfort, and divine guidance. While it does not offer an immediate solution in the conventional sense, spiritual influences and instilled beliefs can create a supportive environment for children with speech delays.

²⁵ Ericka L. Wodka, Pamela Mathy, and Luther Kalb, "Predictors of Phrase and Fluent Speech in Children With Autism and Severe Language Delay," *Pediatrics* 131, no. 4 (April 1, 2013), <https://doi.org/10.1542/peds.2012-2221>.

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